



## NEWS RELEASE



Date: January 7, 2010

Contact: Anna Maylett Rice  
683-6647 (Office)/ 210-1985 (Cell)  
Anna.Rice@mesacounty.us

### **Breathe Healthy Indoor Air Free From Radon**

#### **Radon Found Throughout Mesa County. Residents Encouraged to Test Homes**

The month of January is National Radon Action month. Radon is the second leading cause of lung cancer in the U.S. after smoking. During the winter months, the Mesa County Health Department encourages residents to test their homes for elevated levels of radon. Winter is the best time for testing since windows and doors are normally kept closed.

Testing homes for radon levels is simple and inexpensive. Test kits can be purchased at the Mesa County Health Department for \$5.00 which includes analysis and shipping.

The Mesa County Indoor Air Quality Program is working with the U.S. Environmental Protection Agency (EPA) in a nationwide campaign to educate Americans about the dangers of radon exposure and to encourage them to take action to protect their homes and families by testing their homes for Radon.

Radon is a naturally occurring, invisible, odorless, tasteless gas that is dispersed in outdoor air, but which can reach harmful levels when trapped indoors especially in homes. Radon is the leading cause of lung cancer among non-smokers and is estimated to cause 20,000 deaths this year due to unknown exposure. Radon poses a serious threat to our community's health, but there is a simple solution, test your home.

For more information on radon, radon testing and mitigation, or to get a test kit call Anna Maylett Rice, Indoor Air Quality, at 683-6647 or visit [www.health.mesacounty.us](http://www.health.mesacounty.us).

***“Mesa County Health Department—Wellness in a safe environment.”***