



# When to wash...



- \* Upon arrival and after breaks
- \* When caregivers move from caring from one group/classroom to another
- \* Before and after
  - Preparing food or beverages
  - Eating, handling foods or feeding a child
  - Giving medication
  - Applying a medical ointment or cream or administering first aid
  - Setup or use of a sensory table
- \* After
  - Using the toilet or assisting a child with toileting
  - Helping a child blow their nose
  - Diapering each child
  - Handling body fluids
  - Handling animals or cleaning up animal waste
  - Coming in from outdoors
  - Cleaning or handling garbage
  - At any other time hands become soiled



**MESA COUNTY  
HEALTH DEPARTMENT**

*Working Together for a Healthy Community*

For additional food safety resources go to  
[www.health.mesacounty.us](http://www.health.mesacounty.us)  
(970) 248-6900