Suicide in Mesa County

37 suicides were completed in Mesa County in 2015

Suicide is everyone’s business in our community.

Suicide Attempts

<table>
<thead>
<tr>
<th>Total</th>
<th>Males</th>
<th>Females</th>
</tr>
</thead>
<tbody>
<tr>
<td>248</td>
<td>136</td>
<td>112</td>
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Completed Suicides

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<th>Total</th>
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<tbody>
<tr>
<td>35</td>
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Gender

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Age

Mesa County males are more likely to complete suicide compared to females.

Risk factors for suicide

SOCIAL & EMOTIONAL WELLBEING

1 in 4 adults have symptoms of mental health problems in their lifetime (8-14 years old).

1 in 7 young people report having a lifetime mental health problem or disorder.

1 in 4 adults report symptoms of a mental health problem or disorder in their lifetime.

Only 20% of all individuals with depression receive treatment.

SUBSTANCE ABUSE

1 in 6 high school students report using marijuana in the past 30 days.

1 in 7 adults report a past-year binge drinking episode.

1 in 4 adults report using drinking problem in the past year.

1 in 6 adults report using alcohol in the past year.

16.9% of Mesa County residents live in poverty, which is higher than the state average.

SOCIAL & EMOOTIONAL WELLBEING

14.4% of children in Mesa County have a parent with a mental health problem in their lifetime.

1 in 4 adults have symptoms of mental health problems in their lifetime (8-14 years old).

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1 in 4 adults report symptoms of a mental health problem or disorder in their lifetime.

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Impact on the Workplace

Top Occupations Impacted

Healthcare professionals, including nurses, social workers, and counselors.

Veterans and active-duty military.

Non-Traditional roles, such as nurses and women in law enforcement officers.

Substance abuse can be tied to depression, suicide, stress, and illness.

Suicide is everyone’s business in our community.

Are you or someone you know suicidal? Don’t wait, get help. Call: (800) 273-TALK (8255)