

# Approved Source

**No** foods should be stored or prepared at home and sold in a retail food establishment.

## Meat

- Meat must come from a **USDA** or **Colorado Department of Agriculture** inspected facility.
  - Custom processed meat is not allowed.



## Cottage Foods

- Cottage foods must be labeled.
- Cottage foods may only be sold directly to the customer, not a restaurant.
  - Therefore, cottage foods are not an approved source for a retail food establishment.



## Exceptions



- Produce from the farmers market or gardens may be used in a licensed establishment.
  - Whole, unprocessed produce has a lower risk of causing foodborne illness than when it is cut.
- Prewashed, ready-to-use or processed produce must come from an approved source.



**MESA COUNTY  
PUBLIC HEALTH**  
*Working Together for a Healthy Community*

For additional food safety resources go to  
[www.health.mesacounty.us](http://www.health.mesacounty.us)  
(970) 248-6900