

# Proper Glove Use



Wash your hands **before** putting on gloves and between glove changes.

**Change** gloves after touching anything soiled, your hair, face or body. *Gloves can become just as contaminated as your bare hands.*



Use gloves when handling **ready-to-eat foods** such as produce, sandwiches, bread or chips.

**Change and discard** gloves often and after each task.



**Gloves are not a substitute for proper hand washing.**



**MESA COUNTY  
PUBLIC HEALTH**  
*Working Together for a Healthy Community*

For additional food safety resources go to  
[www.health.mesacounty.us](http://www.health.mesacounty.us)  
(970) 248-6900