

TIPS FOR USING CLOTH FACE COVERINGS (MASKS)



MESA COUNTY
PUBLIC HEALTH



Masks or face coverings do not eliminate the need for **social distancing** and staying home when sick!



Before putting on a cloth mask, **clean hands** with soap and water or use hand sanitizer.



Cover **mouth and nose**, make sure there are no gaps.



Avoid touching the mask when using it.



After using, **toss single-use masks in the garbage** or immediately **wash cloth masks** and clean your hands with soap and water or use hand sanitizer.



Please **don't purchase N95 respirator masks**, they are needed for healthcare workers and first responders.

Hotline 970-683-2300

health.mesacounty.us/covid19